



## Lewd or Rude Remarks or Behaviors

This person will often disrupt, distract, or offend others in group activities by making lewd and or rude remarks.<sup>1</sup>

### What to Look for:

- ✓ The resident will display inappropriate behavior such as spitting on the floor or throwing drinks/food items on the floor purposely.
- ✓ The person will say rude things to other residents or to staff members without provocation or reason.

### What to Do:

Remind the resident politely and in a private manner of behavioral expectations before any activity. Tell the resident what is expected of them in a clear and respectful manner.<sup>2</sup>

At the first signs of the negative behavior, quickly and privately give reminders to the resident to stop the behavior.<sup>3</sup>

Remove the person from group activities only if it is necessary and if you have already made a prior agreement with resident to preserve rights of majority.<sup>4</sup>

Praise positive behaviors and help the resident with finding the opportunities for participation.<sup>5</sup>

1 The Dementia Care Plan Dictionary, M. Nolta and B. Hall, 2005.

2 Salzman, C., Jeste, D. V., Meyer, R. E., Cohen-Mansfield, J., Cummings, J., Grossberg, G. T., ... Zubenko, G. S. (2008). Elderly patients with dementia-related symptoms of severe agitation and aggression: Consensus statement on treatment options, clinical trials methodology, and policy. *Journal of Clinical Psychiatry*, 69(6), 889-898.

3 Benoit, M., Arbus, C., Blanchard, F., Camus, V., Cerase, V., Clément, J.,... Robert, P. (2006). Professional consensus on the treatment of agitation, aggressive behaviour, oppositional behaviour and psychotic disturbances in dementia. *The Journal of Nutrition, Health & Aging*, 10, 410-415.

4 Vasse, E., Vernooij-Dassen, M., Spijker, A., Rikkert, M., & Koopmans, R. (2010). A systematic review of communication strategies for people with dementia in residential and nursing homes. *International Psychogeriatrics*, 22(2), 189-200.

5 Tondi, L., Ribani, L., Bottazzi, M., Viscomi, G., & Vulcano, V. (2007). Validation therapy (vt) in nursing home. A case-control study. *Archives of Gerontology and Geriatrics*, 44, 407-411.





## Masturbation in Public

The resident has displayed sexual activity in a public area of the care center.<sup>1</sup>

### What to Look for:

- ✓ Resident has unclothed themselves and fondled their own genitals in a public area.
- ✓ This person has become vigorously engaged in masturbation movement.

### What to Do:

Determine if there is a pattern to the inappropriate sexual activity. Is there a certain time of the day they are choosing to engage in these activities? If so, try to escort resident to their room during these times of the day as an opportunity for them to satisfy their sexual desires.<sup>2</sup>

Recognize that this person may need a private sexual environment to fulfill their sexual emotions with a consenting spouse or with themselves.<sup>3</sup>

Remind the resident of socially appropriate behaviors when in a group setting or in a public common area. Be sure to remind the resident in a quiet and private manner.<sup>4</sup>

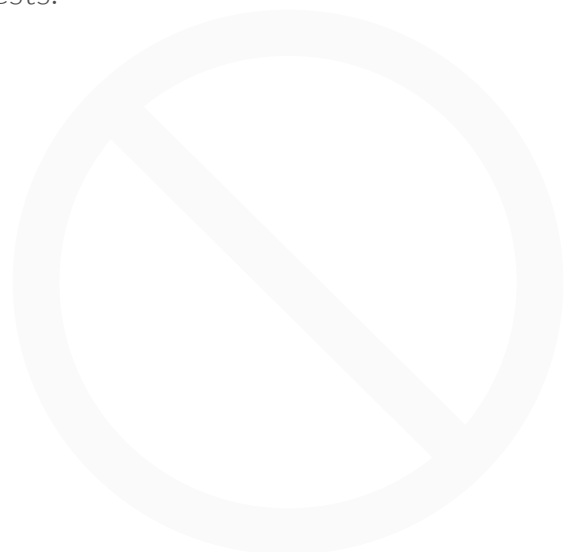
Offer the resident the opportunity to partake in enjoyable activities based off of their past interests.<sup>5</sup>

1 The Dementia Care Plan Dictionary, M. Nolta and B. Hall, 2005.

2, 3 Joller, P., Gupta, N., Seitz, D.P., Frank, C. Gibson, M., & Gill S.S. (2013) Approach to inappropriate sexual behaviour in people with dementia. *Care of the Elderly Series, Clinical Review*, 59, 255-60

4 Vasse, E., Vernooij-Dassen, M., Spijker, A., Rikkert, M., & Koopmans, R. (2010). A systematic review of communication strategies for people with dementia in residential and nursing homes. *International Psychogeriatrics*, 22(2), 189-200.

5 Cohen-Mansfield, J. (2000). Use of patient characteristics to determine non-pharmacologic interventions for behavioural and psychological symptoms of dementia. *International Psychogeriatrics*, 12 (suppl. 1),373-380





## Sexual Exposure Innuendos

This resident has publicly made sexually-oriented remarks or innuendo.<sup>1</sup>

### What to Look for:

- ✓ This patient will have exposed their genitals/breasts in a manner that has held a tone or sexual exposure. They may have unzipped their pants or used the urinal in an exposed manner.
- ✓ The resident is generally unable to comprehend or remember that these behaviors are socially unacceptable.
- ✓ They need guidance to balance sexual needs with social need.

### What to Do:

Remind caregivers and the family of the resident that hypersexuality can be a common side effect of the dementia disease process.<sup>2</sup>

When the resident displays any of these behaviors, respond in a matter-of-fact and calm manner. Avoid any reactions that may cause feelings of shame or embarrassment.<sup>3</sup>

Coordinate with caregivers, family, psychologist, and physician to set guidelines for the resident. Develop a plan for a private time the resident can sexually express themselves.<sup>4</sup>

Offer other opportunities and activities for the resident that allow for sensory and creative expression in a comforting setting.<sup>5</sup>

1 The Dementia Care Plan Dictionary, M. Nolta and B. Hall, 2005.

2, 3 Joller, P., Gupta, N., Seitz, D.P., Frank, C. Gibson, M., & Gill S.S. (2013) Approach to inappropriate sexual behaviour in people with dementia. *Care of the Elderly Series, Clinical Review*, 59, 255-60

4 Allen-Burge, R., Stevens, A. B., & Burgio, L. D. (1999). Effective behavioral interventions for decreasing dementia-related challenging behavior in nursing homes. *International Journal of Geriatric Psychiatry*, 14, 213-28.

5 Morley, E. J. (2013). Behavioral management in the person with dementia. *The Journal of Nutrition, Health & Aging*, 17.



## Undressing in Public

Patient will undress in public areas, taking off shirt and exposing body parts.<sup>1</sup>

### What to Look for:

- ✓ Resident will make continual efforts to remove clothing (shoes, pants, shirts, socks, etc.).
- ✓ When dressing assistance is offered, the resident will say “no”, block any attempts at assistance, and make threatening gestures.
- ✓ The resident will not know how to dress appropriately for the weather or social setting.

### What to Do:

Consider whether or not other factors may be driving the resident to undress. Are the clothes too uncomfortable, itchy, or tight? Is the resident feeling too hot or cold? Does the resident want to use the toilet or go to bed?<sup>2</sup>

Dress the resident in comfortable and fitting clothes. Try out various types of fabrics to see if a certain type of fabric/texture will not be disrobed.

Monitor the times of day the resident chooses to start disrobing. Place the resident down for a nap during those times, if it is an appropriate time of day.<sup>3</sup>

Seat the resident in a chair that is pulled up close to a table with activity equipment as a means to redirect attention from undressing.<sup>4</sup>

1 The Dementia Care Plan Dictionary, M. Nolta and B. Hall, 2005.

2, 4 Joller, P., Gupta, N., Seitz, D.P., Frank, C. Gibson, M., & Gill S.S. (2013) Approach to inappropriate sexual behaviour in people with dementia. *Care of the Elderly Series, Clinical Review*, 59, 255-60

3 Allen-Burge, R., Stevens, A. B., & Burgio, L. D. (1999). Effective behavioral interventions for decreasing dementia-related challenging behavior in nursing homes. *International Journal of Geriatric Psychiatry*, 14, 213-28.

